

IMPORTANT NOTES

- ⇒ SPECIAL EVENTS *see flyer for more details on Spring 2024 Special events*
- ⇒ REGISTRATION—all Academy registration will be online through the Halifax Skating Club website. \$58.65 Skate Canada fee will be applied to all HSC Home Club skaters 2023-2024 season.
- ⇒ Refer to the graph on the club website for skating levels. HSC and BSC skaters have priority on all sessions Until March 27th. ***We reserve the right to balance sessions when needed.***
 - SKATE-UP Requests—Must come from the Base coach.
 - SKATE DOWN - Skaters may skate down one level pending available space after skaters of that level have registered. *(until March 27th)*
- ⇒ ON-ICE / OFF-ICE—Our programs include both on and off ice classes . These classes help the skater succeed in becoming an all round athlete. Please ensure your skater participates in the full experience. Fees for off ice are included in the registration fee . Additional specialty seminars are planned throughout the season. Some of these may require an additional fee to participate.
- ⇒ OFF-ICE SPACE & DRESSING ROOMS—Off-Ice training spaces and dressing rooms are for skaters only. Parents are not allowed in dressing rooms.
- ⇒ PAYMENT—Pay in full during registration OR—Deposit per session and Monthly payments—April 1, May 1, June 1—. Payment must be arranged online. ***\$25 Admin Fee charged for the second or more changes per season.***
- ⇒ PARENT & SKATER CODE OF CONDUCT—Parents & Skaters are expected to adhere to the Skate Canada & Club Codes of Conduct. Code of Conduct is to be signed by parent and skater and a hard copy handed into skaters coaching team within the first week of the new skating season. Skaters and/or parents who do not adhere to the Codes of Conduct may face disciplinary action from the club and/or section.
- ⇒ ASSESSMENT DAY — Star 6+ Assessments Day is tentatively scheduled for Friday June 14, 2024 at HRM 4 pad **pending approval*
- ⇒ Please refer to the club website (Halifaxskatingclub.com) for other club policies including the refund policy.
- ⇒ DROP IN's : If there are available spaces on a session a skater may 'drop in' permitting they purchase the fee by 12:00pm the day prior on the HSC site. Skaters must confirm with their coach prior to purchasing the space.
- ⇒ ***We are looking for volunteers to help with special events and activities at the club— please contact Beth Brinston @ halifaxskatingclubvp@gmail.com to add your name to our dedicated volunteer list***



Spring 2024 StarSkate Academy BRONZE SILVER GOLD

View our SPRING Monthly Academy Calendar on our website—updated regularly



April 2 to June 14, 2024
Centennial Arena & HRM 4 pad Arena

Special Events Spring 2024

HSC is please to offer a number of special events for Spring 2024. Please read carefully.

SPECIAL GUEST COACH—JEN JACKSON APRIL 21-22-23

Jennifer Jackson, has been a figure skating coach since September 1987, she began her coaching journey in Windsor, Ontario. Transitioning to Hamilton SC in July 2014, she earned recognition as the Western Ontario Competitive Coach of the Year in 2011 and holds a sectional level Technical Specialist title in singles. Jennifer's coaching expertise spans from CanSkate to Senior levels, with her students achieving success at Challenge, Nationals, international competitions, and the Canada Games. She is known for conducting coaching education seminars across Canada, emphasizing grassroots coaching in smaller areas or clubs. Jennifer's coaching philosophy centers on creating athletes who can problem-solve and persevere. Her approach involves providing tools for skaters to reach their goals, with an evolving role that becomes a partnership and guidance as skaters mature. Jennifer encourages embracing challenges and learning from mistakes, fostering a supportive yet challenging environment. Videos from her seminars can be found on the Skate Canada website e-learning platform.

Small group lessons will be arranged through your skaters base coaching team and HSC staff. Only skaters receiving lessons will be charged fees. HSC / BSC skaters will have priority, not all may be accommodated



STARS ON ICE! Thursday April 25, 2024

Every year Stars on Ice starts their tour in Halifax. This year we'd like to invite skaters that train with us to watch together!
\$90 or \$59.25 tickets

Purchase on the HSC website by March 22nd

Additional perks may be available pending how number of tickets sold by the club
Details TBA



HALIFAX SKATING CLUB

Awards Banquet
Saturday June 8th 5:30 pm
Atlantica Hotel

Anne Schelter Seminar/ Guest— May 10-11-12

Anne Schelter—is a Canadian coach who has worked with skaters, from beginners to Olympic champions. Her experience includes being moderator at many ISU seminars for skaters, coaches, and judges. She has been guest coach at National Training Camps and seminars all over the world including Canada, the USA, Europe and Japan. She was named Skate Canada Competitive Coach of Excellence in 2015. Anne works with many synchronized skating teams including World Champions— Nexxice

Annie's Edges: Exploring the edge with Anne Schelter - this workshop is not about the jumps and spins. Instead, the focus is on everything that happens in between the elements. It consists of patterns, exercises and games that are essential for any skater from beginner to world class to attain the best edge control and quality.

- approx. 5-10 skaters will be selected to participate as demonstrators for the weekend seminars—they will be expected to participate in the coaches seminar, all Friday evening and Saturday seminars (all levels).

REGISTRATION OPENS— April 8th. HSC/BSC skaters have priority until April 28th

Friday May 10th

HRM 4 Pad 1:00-3:00 COACHES SEMINAR—Demonstrators must be present
CENTENNIAL 4:00-7:00

4:05—5:00 BRONZE *

FLOOD/ BREAK

5:10—6:10 GOLD *

6:10-6:55 BRONZE *

* included in Friday Spring registration. If not registered on session—additional fee will apply

Saturday May 11th

HRM 4 pad

1:00—2:20

GOLD

FLOOD / BREAK

2:30-3:50

SILVER

FLOOD / BREAK

4:00—4:50

GOLD

FLOOD / BREAK

5:00-5:50

SILVER

*Saturday Seminar registration fee will apply for all skaters

Sunday May 12

Centennial

Small group lessons arrange with your coaching team for skaters registered for Sundays Spring—
Additional fees will be charged for lessons.



Spring 2024 OVERVIEW



DAY	DATES / NOTES	CLUB	ARENA	ICE TIME	PROGRAM	OFF ICE	PROGRAM	
Monday **8-9 weeks	April 8-June 10 <i>No skating May 20th</i> <i>June 2 and 10th revised schedule TBA</i> <i>** 2 weeks reduced schedule</i>	HSC	HRM 4 Pad	4:00-5:30	BRONZE		NO OFF ICE	
		HSC	HRM 4 Pad	5:15-5:30	Star 1-5	Coach Technique		
		HSC	HRM 4 Pad	**5:30-7:00	SILVER	<i>* choose 1 coach technique class</i>		NO OFF ICE
		HSC	HRM 4 Pad	7:00-7:20	Star 5+	Coach Technique		
		HSC	HRM 4 Pad	6:45-8:20	High Silver/ GOLD		NO OFF ICE	
Monday	See BSC brochure	BSC	HRM 4 Pad	4:00-5:00	SYNCHRO		NO OFF ICE	
		BSC	HRM 4 Pad	5:00-6:05	GOLD Extra Free		NO OFF ICE	
Tuesday 11 weeks	April 2-June 11	HSC	HRM 4 Pad	4:00- 5:40	High Silver/ GOLD		5:00 - 5:35 JR ACADEMY	
		HSC	HRM 4 Pad	5:50 - 6:50	JR ACADEMY		5:45-6:30 SILVER	
		HSC	HRM 4 Pad	7:00 - 8:20	SILVER		6:00-7:00 High Silver/ GOLD	
Wednesday 11 weeks	April 3-June 12 <i>June 12 at HRM 4 pad</i>	HSC	CENTENNIAL **	5:05 - 6:25	HIGH SILVER	GOLD	5:30-6:15 BRONZE ** SILVER	
		HSC	CENTENNIAL **	6:35 - 7:55	BRONZE **	SILVER	6:35 - 7:35 HIGH SILVER GOLD	
Thursday 9 weeks	April 11-June 6	HSC	CENTENNIAL	4:05 - 5:25	OPEN			
		HSC	CENTENNIAL	5:35-6:10	JR ACADEMY	TEEN	5:35-6:00 OPEN	
		HSC	CENTENNIAL	5:55-6:55	CANSKATE	JR ACADEMY		
Friday 8 weeks	April 12-June 7 <i>No skating May 31</i>	HSC	CENTENNIAL **	4:05 - 5:30	High Silver/ GOLD	** May 10 Anne Schel-	5:00 - 5:30 BRONZE	
		HSC	CENTENNIAL **	5:40-6:55	BRONZE **	May 10 Anne Schel-ter	5:40 - 6:40 High Silver/ GOLD	
Sunday 8-9 weeks	April 14-June 9 <i>May 5—shifted 30min later</i> <i>June 2 revised schedule TBA HRM 4 pad</i> <i>June 9 HRM 4pad regular times</i>	HSC	CENTENNIAL **	12:05 - 1:20	High Silver/ GOLD		12:30-1:15 SILVER	
		HSC	CENTENNIAL **	1:30-2:50	SILVER		1:40-2:40 High Silver/ GOLD	
		HSC	CENTENNIAL **	3:00 - 3:45	CANSKATE			
		HSC	CENTENNIAL **	3:45 - 4:15	PRECAN			
		HSC	CENTENNIAL **	4:15 - 4:45	PRECAN		<i>* will start at 4:45 on select weeks</i>	
		HSC	CENTENNIAL **	4:55 - 5:40	CANSKATE		5:00-5:30 BRONZE	
		HSC	CENTENNIAL **	5:40 - 6:55	BRONZE			



SPRING 2024 DAILY Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
4:00 - 5:30 BRONZE	4:00 -5:40 High SILVER / GOLD	5:05 - 6:25 High SILVER / GOLD	OPEN 4:05-6:00	4:05 - 5:30 High SILVER / GOLD	12:05 - 1:25 High SILVER / GOLD
4:00-4:15 Skills	4:00-4:15 COACH TECHNIQUE CLASS	5:05 - 5:15 COACH TECHNIQUE CLASS	4:05 - 5:05 Free	4:05 - 4:20 COACH TECHNIQUE CLASS	12:05 - 12:20 COACH TECHNIQUE CLASS
4:15- 5:00 Free	4:15-5:20 Free	5:15-6:15 Free	5:-05-5:25 Skills / Dance	4:20 - 5:15 Free ** spins at end	12:20 - 1:15 Free
5:00-5:15 Dance	5:20-5:40 Skills/ Dance	6:15 - 6:25 Skills/ Dance	FLOOD	5:15 - 5:30 Dance	1:15 -1:25 Skills/ Dance
5:15-5:30 Star 1-5 COACH TECHNIQUE CLASS	FLOOD	FLOOD	5:35-6:10 TEEN / JR ACADEMY	FLOOD	FLOOD
5:30-7:20 SILVER	5:50 - 6:50 JR ACADEMY	6:35 - 7:55 BRONZE/ SILVER	6:10-6:55 JR A / CanSkate	5:40 - 6:55 BRONZE	1:35-2:50 SILVER
5:30-5:40 Dance	5:50 - 6:15 Group skating skills	6:35 - 6:45 COACH TECHNIQUE CLASS		5:40 - 5:55 Skills	1:35- 1:45 COACH TECHNIQUE CLASS
5:40 - 5:50 Skills	6:15- 6:50 Group Figure skating skills	6:45 - 7:30 Free		5:55 - 6:40 Free	1:45 - 2:30 Free
FLOOD	FLOOD	7:30 - 7:45 Dance		6:40 - 6:55 Dance	2:30-2:40 Dance
6:00 - 6:45 Free	7:00-8:20 SILVER	7:45-7:55 Skills			2:40-2:50 Skills
6:45-8:20 HIGH SILVER / GOLD	7:00-7:15 Skills				
6:45 - 7:00 SPIN	7:15 - 8:05 Free *spins at end	BRONZE skaters MUST have Passed all Star 1 tests			3:00 - 5:40 Learn to skate Programs
7:00-7:20 Star 5 + COACH TECHNIQUE CLASS	8:05-8:20 Dance				5:40- 6:55 BRONZE
FLOOD					5:40 - 5:55 COACH TECHNIQUE CLASS
7:30-8:20 Free			As of Feb 29, 2024		5:55-6:40 Free
			Subject to change		6:40-6:55 Skills / Dance
OFF ICE	OFF ICE	OFF ICE	OFF ICE	OFF ICE	OFF ICE
NO OFF ICE	5:00 -5:35 Jr Academy BASICS	5:30 - 6:15 BRONZE / SILVER Specialty Classes	5:30-6:00 OPEN - Mixed	5:00 - 5:30 BRONZE Conditioning	12:30-1:15 SILVER Specialty Classes
	5:45 - 6:30 SILVER Conditioning	6:35 - 7:35 High SILVER / GOLD Specialty Classes		5:40 - 6:40 GOLD Conditioning	1:40-2:40 GOLD Specialty Classes
	6:00-7:00 GOLD Conditioning				5:00-5:30 BRONZE Specialty Classes ** some weeks start 4:45

PATHWAYS





CANSKATE

Skate Canada National Learn To Skate Program

* PreCan * CanSkate * Teen * Junior Academy *

age 3-6 age 5-10 age 10+ 10 and under

When completed CanSkate skater is automatically invited to the StarSkate Pathway. Coaches meet and discuss at the end of each season which

SEASONS OFFERED:

- StarSkate Academy : Fall/ Winter, Spring Summer
- Jr Academy: Fall, Winter, Spring, Summer
- CanSkate/PreCan/Teen: Fall, Winter, Spring

Skaters will be ready for Hockey, Ringette, Speed Skating programs with local organizations

Junior Academy (invite only)



StarSkate PATHWAY

Academy BRONZE

- Star 1 group
- Star 1-3
- and/or no Axel

Academy SILVER

- Star 4-5/Pre-Juv
- and/or no Axel
- and/or low double jumps

Academy GOLD

- passed Star 6+ & Juv+
- working on all doubles and Triple Jumps

Academy SYNCHRO

- Star 1+
- team/s divided by age and skating levels

PODIUM PATHWAY

- PreNovice, Novice, Junior, Senior
- Working on triples
- Follows Skate Canada Podium Pathways Criteria

Academy Programming Includes:

- On Ice sessions
- Group Sessions On and Off-Ice
- Off Ice Classes geared towards developing a well rounded athlete
- Club Seminars
- Awards and Bursaries
- Ice show and Banquet

CanSkate PA (Program Assistant)

All skaters in the Academy BRONZE, SILVER, GOLD are invited to PA on our CanSkate Sessions. These are volunteer hours.

PA Training Is held each Fall

Club Board Member

18+

with an interest in helping with Club Activities

Skate Canada Official

16+

- Judge
- Evaluator
- Technical Specialist
- Data Specialist

Skate Canada Professional Coach

15+

- passed Minimum of two Star 5 tests
- CanSkate/ Regional/ Provincial/ National

Updated November 2023

Academy BRONZE Completes Skate Canada StarSkate Assessments, Competes at Local Star 1-3 Fun Skates,

Academy SILVER Completes Skate Canada StarSkate Assessments, Competes Local, Provincial, (and if they wish) Interprovincially. Opportunity to attend Provincial Seminars

Academy GOLD Completes Skate Canada StarSkate Assessments, Competes Local, Provincial, (and if they wish) Interprovincially. Opportunity to attend Provincial Seminars

Podium Pathway - Competes Local, Provincial, National and International, Opportunity to be selected for National Seminars