



September 2020 Academy Programming WORKSHEET

All below sessions to be registered under the Halifax Uplifter site

Please also view BSC September Programming worksheet

Always confirm with your base coach your intent to register for a session.

2020-2021 Skate Canada Fees must be paid with your registration to your home club

Day	Date	Time	Arena	Level	Parents Use
Tuesday	01-Sep	4:05-5:55	Centennial	GOLD SILVER	<input type="checkbox"/>
Thursday	03-Sep	3:35- 5:30	Centennial	GOLD	<input type="checkbox"/>
		5:30-5:40	Centennial	FLOOD	<input type="checkbox"/>
		5:40 - 6:55	Centennial	BRONZE SILVER	<input type="checkbox"/>
Sunday	06-Sep	12:05 - 2:05	Centennial	GOLD	<input type="checkbox"/>
		2:05 - 2:15	Centennial	FLOOD	<input type="checkbox"/>
		2:15 - 4:00	Centennial	SILVER	<input type="checkbox"/>
		4:00 - 4:15	Centennial	FLOOD	<input type="checkbox"/>
		4:15 - 5:55	Centennial	BRONZE	<input type="checkbox"/>
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Tuesday	08-Sep	4:05-5:55	Centennial	GOLD SILVER (High)	<input type="checkbox"/>
Wednesday	09-Sep	6:30-8:00am	BMO	OPEN AM Session	<input type="checkbox"/>
Wednesday	09-Sep	5:00 - 5:50	BMO	OPEN	<input type="checkbox"/>
Thursday	10-Sep	4:05 - 5:30	Centennial	OPEN (High) Michelle/Heather/Pascale	<input type="checkbox"/>
		5:30 -5:40	Centennial	FLOOD	<input type="checkbox"/>
		5:40 - 6:55	Centennial	OPEN (Low) Michelle/Heather/Pascale	<input type="checkbox"/>
Friday	11-Sep	3:00 - 4:30	BMO	OPEN SESSION	<input type="checkbox"/>
		4:30-4:40	BMO	FLOOD	<input type="checkbox"/>
		4:40 - 6:10	BMO	SILVER	<input type="checkbox"/>
		6:10 - 6:20	BMO	FLOOD	<input type="checkbox"/>
		6:20-7:50	BMO	GOLD	<input type="checkbox"/>
Sunday	13-Sep	12:05 - 1:55	Centennial	GOLD (skating at sectionals)	<input type="checkbox"/>
		1:55-2:05	Centennial	FLOOD	<input type="checkbox"/>
		2:05 - 3:35	Centennial	GOLD SILVER	<input type="checkbox"/>
		3:35 - 3:45	Centennial	FLOOD	<input type="checkbox"/>
		3:45 - 5:00	Centennial	SILVER BRONZE	<input type="checkbox"/>

		5:00 - 5:55	Centennial	BRONZE		
Monday	14-Sep	6:30-8:00am	BMO	OPEN	AM Session	
Tuesday	15-Sep	6:30-8:00am	BMO	OPEN	AM Session	
Tuesday	15-Sep	4:05-5:55	Centennial	GOLD	SILVER (High)	
Wednesday	16-Sep	6:30-8:00am	BMO	OPEN	AM Session	
Wednesday	16-Sep	5:00 - 5:50	BMO	OPEN		
Thursday	17-Sep	4:05 - 5:30	Centennial	OPEN (High)	Michelle/Heather/Pascale	
		5:30 -5:40	Centennial	FLOOD		
		5:40 - 6:55	Centennial	OPEN (Low)	Michelle/Heather/Pascale	
Friday	18-Sep	3:00 - 4:30	BMO	OPEN SESSION		
		4:30-4:40	BMO	FLOOD		
		4:40 - 6:10	BMO	SILVER		
		6:10 - 6:20	BMO	FLOOD		
		6:20-7:50	BMO	GOLD		
Sunday	20-Sep	12:05 - 1:55	Centennial	GOLD (skating at sectionals)		
		1:55-2:05	Centennial	FLOOD		
		2:05 - 3:35	Centennial	GOLD	SILVER	
		3:35 - 3:45	Centennial	FLOOD		
		3:45 - 5:00	Centennial	SILVER	BRONZE	
		5:00 - 5:55	Centennial	BRONZE		
Monday	20-Sep	6:30-8:00am	BMO	OPEN	AM Session	
Tuesday	22-Sep	6:30-8:00am	BMO	OPEN	AM Session	
Tuesday	22-Sep	4:05-5:55	Centennial	GOLD	SILVER (High)	
Wednesday	23-Sep	6:30-8:00am	BMO	OPEN	AM Session	
Wednesday	23-Sep	5:00 - 5:50	BMO	OPEN		
Thursday	24-Sep	4:05 - 5:30	Centennial	OPEN (High)	Michelle/Heather/Pascale	
		5:30 -5:40	Centennial	FLOOD		

		5:40 - 6:55	Centennial	OPEN (Low) Michelle/Heather/Pascale	<input type="checkbox"/>	
Friday	25-Sep	3:00 - 4:30	BMO	OPEN SESSION	<input type="checkbox"/>	
		4:30-4:40	BMO	FLOOD		
		4:40 - 6:10	BMO	SILVER	<input type="checkbox"/>	
		6:10 - 6:20	BMO	FLOOD		
		6:20-7:50	BMO	GOLD	<input type="checkbox"/>	
Sunday	27-Sep	12:05-5:55	Centennial	PERFORMANCE DAY		
				<i>Details to come (Mock Competition)</i>		
				Centennial	GOLD	<input type="checkbox"/>
				Centennial	SILVER	<input type="checkbox"/>
Centennial	BRONZE	<input type="checkbox"/>				
Monday	28-Sep	5:00-5:50	BMO	START OF FALL SESSION		
Tuesday	29-Sep	4:05-5:55	Centennial	START OF FALL SESSION		
Thursday	01-Oct	4:00-7:00	Centennial	START OF FALL SESSION * Start of Fall CanSkate / Jr Academy		
Friday	02-Oct	3:00 - 7:50	BMO	START OF FALL SESSION		
Sunday	04-Oct	12:05 - 5:55	Centennial	START OF FALL SESSION * Start of Fall CanSkate / Jr Academy		