

HSC SUMMER 2017

Sackville Sports Stadium

July 3 – July 7; July 10 – July 14; July 17 – July 21; July 24 – July 28; July 31 – Aug.4

CanSkate (Stage 1 – 6; no Pre-Can)	STARSkate Development	0-3 test points & Adults	4-10 test points	11+ test points
<p>Package 1 – 5 days/wk \$125/week 11:30-12:30pm on-ice</p> <p>Package 2 – 3 days/wk Monday, Wednesday, Friday \$85/week 11:30-12:30pm on-ice</p>	<p>Package 1 – 5 days/wk \$195/week 10:15-11:15am off-ice 11:15-11:30am break 11:30-12pm skills/dance 12-12:10pm spins 12:10-12:40pm free #4 12:40-12:55pm stroking</p> <p>Package 2 – 3 days/week \$130/week *same schedule as above but skating Monday, Tuesday & Thursday only</p> <p>**A “babysitter” will be available for these skaters starting at 8am for a fee of \$5/hr up to 10am</p>	<p>Package 1 – 5 days/wk \$130 10:15-11:15am off-ice 11:15-11:30am break 11:30-12pm skills/dance 12-12:10pm spins 12:10-12:40pm free #4 12:40-12:55pm stroking</p> <p>Package 2 – 3 days/week \$85/week *same schedule as above but skating Monday, Wednesday, Friday only</p> <p>**skaters interested in skating an additional freeskate should make a request through your coach</p> <p>**A “babysitter” will be available for these skaters starting at 8am for a fee of \$5/hr up to 10am</p>	<p>Package 1 – 5 days/wk \$220/week 9:30-10:15am free #2 (w/ 11+) 10:15-10:30am spins (w/ 11+) 10:30-11:30am BREAK 11:30-12pm skills/dance (w/0-3, etc) 12-12:10pm spins (w/0-3, etc) 12:10-12:40pm free #4 (w/0-3, etc) 12:40-12:55pm stroking 1:15-2pm off-ice** **No off-ice on Fridays</p> <p>Package 2 – 3 days/wk \$145/week *Same schedule as above but skating Monday, Tuesday & Thursday only</p> <p>**A “babysitter” will be available for these skaters starting at 8am for a fee of \$5/hr up to 10am</p>	<p>Pkg. 1 – 5 days & 3 frees \$330/week 8-8:15am stroking 8:15-9:05am Free #1 9:05-9:20am skills/dance FLOOD 9:30-10:15am Free #2 (w/ 4-10) 10:15-10:30am spins (w/ 4-10) FLOOD 10:40-11:30am Free #3 11:30-12pm BREAK 12-1pm off-ice</p> <p>Pkg. 2 – 5 days & 2 frees \$230/week 8-8:15am stroking 8:15-9:05am Free #1 9:05-9:20am skills/dance (w/ 4-10) FLOOD 9:30-10:15am BREAK 10:15-10:30am spins (w/ 4-10) FLOOD 10:40-11:30am Free #3 11:30-12pm BREAK 12-1pm off-ice</p>

*****All schedules are subject to change based on operational requirements of the club**

Skate-up requests

Skate-up (or down) requests must come from coaches. Parents making such requests will not be noted

Off-ice

Off-ice is mandatory for all STARSkate Development and 0+ test point skaters. Skaters not attending off-ice without coach approval will be moved down one level

Adults & CanSkaters are not required to attend off-ice

“Babysitting”

Email Becky at hscdirectorofprograms@gmail.com to book babysitting for \$5/hr. Time of drop off and dates must be included in the booking email.

Session Qualifications

0-3	4-10	11+
-Has 0-3 test points -Competes Star 1, 2, or 3	-Has 4-10 test points -Competes Star 3, 4, or 5 -Does not yet have a consistent axel and/or double	-Has 11+ test points -Competes Star 5+ -Must have a consistent axel and/or double
Examples of tests completed		
Star 1 skills	Star 2 skills	Star 5 free (a&b)
Star 1 free	Star 3 skills	Star 5 skill
Star 2 free (a&b)	Star 2-3a dance	Sr.Bronze+ tests
=3pts	3+3=6pts	10+2+=12+
	Star 3 free (a&b)	
	Star 4 free(a&b)	
	Star 4-5a dance	
	Star 4 skill	
	6+4=10pts	

Test point calculation

Freeskate elements = 1/2 point per level completed

Freeskate program = 1/2 point per level completed

**i.e. 1 full level of Freeskate is worth 1 full point

Skills = 1 point per level completed

Dance = 1 point per dance group completed (i.e. Dutch Waltz, Canasta, Baby Blues; Swing, Fiesta, Willow), etc.

**Dance element tests do not receive a test point value

**Skaters outside of HSC can contact Becky at hscdirectorofprograms@gmail.com to confirm test points