



RETURN TO ICE PROTOCOLS – VERSION 3 – July 12, 2020

These Protocols are based on current Nova Scotia statutes and regulations, current public health requirements and directives, Skate Canada, and Skate Canada Nova Scotia desire to make our sport safe for all. These Protocols may be updated at any time; please be sure that you are referring to the most recent Version. These Protocols are subject to all federal, provincial, and municipal laws, regulations, by-laws, and orders as they may exist from time to time

All figure skating activities must adhere to all federal, provincial, and municipal laws, regulations, by-laws, and orders as they may exist from time to time. This includes but is not limited to compliance with:

- Physical distancing measures
- Health and safety regulations
- Size of permitted gatherings
- Skate Canada Nova Scotia rules, policies, and procedures
- All Safe Sport policies and procedures
- Applicable occupational health and safety requirements

HSC and its coaches will conduct training (whether on rented non-club ice) implement and comply with the current Version of these Protocols. The Club and each coach are responsible for implementing and complying with any updated Version of Protocols as posted from time to time. The Acknowledgement, Release, Indemnity, and Assumption of Risk regarding COVID-19 form provided as part of Protocols must be completed by each participant of HSC activities (including staff, skaters, coaches, choreographers, and volunteers). This form must be completed prior to the start of participation of any HSC activities. HSC will keep this form on-file for each participant. We, HSC will present it to Skate Canada Nova Scotia at any time it is requested. We understand, any non-implementation or non-compliance may have consequences and could jeopardize our insurance coverage.

Completion of COVID-19 Waiver - All individuals participating in club/skating school must complete the Halifax Skating Club Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19("COVID-19 Waiver"). Failure to do so means that individual must not participate in club/skating school activities. Any individual participating in club or skating school activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file

- Skaters
- Coaches
- Staff
- Board Members
- Volunteers
- Officials

An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club or skating school activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and wear a non-medical face mask.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility should be informed to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing

An individual is tested for COVID-19

- Any individual that is part of a HSC session that has been tested for COVID-19 must not participate in club activities while waiting for the results of the test
- If a skater or someone in their household has been recommended for testing they must inform HSC by emailing halifaxskatingclub@gmail.com and their base coach within 4 hours of the test being recommended. Results must be sent to halifaxskatingclub@gmail.com as soon as they have been notified of the results.

An individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the HSC COVID-19 Oversight Group
- The HSC COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets will be used

to assist public health officials in informing other HSC school members who may have been in close contact with the individual and will be submitted to Skate Canada NS on a weekly basis

- Any HSC members who were in close contact with the individual should not participate in HSC school activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- It is required to also inform all HSC members of a positive COVID-19 result within the HSC Club setting
- HSC will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- HSC will inform Skate Canada NS of a positive COVID-19 diagnosis by e-mailing skatecanadans@sportnovascotia.ca

Return to club/skating activities following illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to club/skating school activities once they no longer have any symptoms of COVID-19

Return to club/skating activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

Modification/restriction/postponing or canceling of club/skating school activities

- Based on the evolving COVID-19 pandemic, HSC is prepared to follow public health, municipal/provincial government, and sport recommendations regarding modifying/ restricting/ postponing or canceling activities

- HSC Cancellation / Refund Policy is as stated:

Any returning skater needing a cancellation due to a positive COVID-19 test maybe offered a credit on their account with board approval.

For any program cancelled by the club – the club will refund all registration fees with the exception of yearly Membership fees (Skate Canada Fees)

- HSC members will be informed as soon as possible of any modifications/restrictions or cancelations

- HSC will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government, or sport officials

Public Health Guidelines

HSC members should follow all public health guidelines regarding COVID-19. These may include:

- Any individual who themselves have travelled outside of Nova Scotia, or has someone in their household who has travelled outside ~~Nova Scotia~~ **Atlantic Canada** must self-isolate and not participate in HSC activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club/skating school activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in club or skating school activities
- Any individual who has someone in their household showing symptoms of COVID-19, will not participate in club/skating school activities

Club/skating school COVID-19 Communication Plan

HSC will ensure effective communication is taking place with our membership during the Return to Ice Stages.

1. Members will be asked to ensure they have up to date contact information through our Uplifter Program
2. HSC will distribute information via email (Uplifter Platform), Facebook (if appropriate) and via Zoom informational webinars.
3. HSC COVID 19 Oversight group – These individuals will be responsible for communication to HSC club members during the Return to Ice stages (i.e. staff, volunteer, COVID-19 Oversight Group). They will also do any follow up with any individuals who become unwell with symptoms of COVID-19 during club/skating school activities.

Heather Boutilier (HSC President and Treasurer)
LeeAnne Cross (HSC Director of Development)
Collette Sullivan (HSC Past President, Test Chair)
Denis Dyer (HSC Secretary)
Michelle Menzies (Skate Canada Coach – Coaches Rep)
Becky Whalen (Skate Canada Coach)
Wendy Stewart (Skate Canada Coach)
Heather Surette (Skate Canada Coach)
Pascale Clements (Skate Canada Coach)

4. HSC will deliver weekly updates via email regarding summer programming during the Return to Ice Stages.
5. HSC will hold Mandatory Zoom Webinars to deliver information to members on return to Ice Protocols. These will be offered as needed by members.
6. HSC will host all documents pertaining to COVID-19 on the club website (halifaxskatingclub.com)
7. Daily Session Participation Tracking sheets will be created and stored on google sheets. These will be printed at the end of each week and be sent to Skate Canada NS.
8. If it is determined that a HSC member has been tested for COVID-19, HSC will inform all club members that may have been in close contact with that individual
9. HSC will ensure the facility and Skate Canada NS are informed if a club member is diagnosed with COVID-19.