

HALIFAX SKATING CLUB WINTER 2018/2019 SCHEDULE

-ALL PROGRAMS-

REGISTRATION

STARSkate & STARSkate Development registrations will be open on Thursday, Aug.16 at 3pm. Registration is done online through halifaxskatingclub.com

QUALIFICATIONS

0-3	4-10	11+
-Has 0-3 test points -Competes Star 1 & 2 -Or by DoP and coach approval	**Must meet 3 of 4 criteria to register** -Has 4-10 test points -Competes Star 3-5 -Does not have a consistent Axel and/or Double -Or by DoP and coach approval	**Must meet 3 of 4 criteria to register** -Has 11+ test points -Competes Star 5+ -Must have an axel and/or a double -Or by Dop and coach approval
Examples of tests completed (does not have to be these exact ones)		
Star 1 skills	Star 2 skills	Star 5 free (a&b)
Star 1 free	Star 3 skills	Star 5 skill
Star 2 free (a&b)	Star 2-3a dance	Sr.Bronze+ tests
=3pts	Star 3 free (a&b)	10+2+=12+
	Star 4 free (a&b)	
	Star 4-5a dance	
	Star 4 skill	
	3+7=10	

SKATE-UP/DOWN REQUESTS

Skate-Up/Down requests must be submitted by coaches and will not be noted if submitted by parents. Requests are approved based on space available on the session requested, qualifications of the requesting skater, level/speed of the registered skaters, lesson availability of the skater's coach, requesting skater age, and overall session safety. Requests are not approved based on order asked.

OFF-ICE

Off-ice attendance is mandatory. It is an integral part of safety and skill development. While other activities are great additions to an athlete's training, sport specific skills are taught during off-ice. Please speak to your coach if you are not able to stay for a session.

ICE SHOW

The 2018/2019 Ice Show date is *tentatively* Sunday, Mar.10. **VOLUNTEERS WILL BE NEEDED!** Please keep your eyes open for details on how to register as part of the team.

SYNCHRO

Skaters 10-years-old or older who would like to join a synchro team should speak to Becky directly or email hscdirectorofprograms@gmail.com. Practices are TBD but will be in the AM (tentatively 6:30-8am).

SKATE CANADA & SPORTSWEEP FEES

All HSC home club members will pay an additional \$40 Skate Canada fee & \$20 Sportsweep fee in addition to the fee listed on the brochure. The price listed for STARSkate Development & CanSkate includes these fees.

Members who sell additional books of tickets will receive a \$10/book credit on their account.

PAYMENT

All STARSkate sessions (0-11+pts) can pay in monthly installments (Sept-Mar). All STARSkate Development skaters can pay in up to 3 installments. Payment can be done online with a credit card, by etransfer following the instructions on the bottom of your invoice, or by cash or cheque.

PARENT & SKATER CODE OF CONDUCT

Parents & Skaters are expected to adhere to the Skate Canada & Club Codes of Conduct. The codes will be posted to the HSC website for your review.

STARSKATE (0-3 TEST POINTS) (or approval)		
DAY	SESSION TIME	SKATING DATES
Tuesday \$530	4:05-6:00pm 4:05-4:25 Skills/Dance 4:25-4:50 Freeskate 4:50-5:10 Stroking (crossover w/ 4-10pts) 5:20-6:00 off-ice*	Sept.4, 11, 18, 25 Oct.2, 9, 16, 23, 30 Nov.6, 13, 20, 27 Dec.4, 11, 18 Jan.8, 15, 22, 29 Feb.5, 12, 19, 26 Mar.5, 12, 26
Sunday \$445	12:05-1:10pm 12:05-12:25 Skills/Dance 12:25-12:35 Spins 12:35-12:55 Freeskate 12:55-1:10 Stroking **CanSkate is 1:20-2:05pm, 2:05-2:50pm, and 3:00-3:45pm. Program Assistants are required and will receive PA credits	Sept.9, 16, 23, 30 Oct.7, 14, 21, 28 Nov.4, 11, 18, 25 Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3

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STARSKATE (4-10TEST POINTS) (or approval)		
DAY	SESSION TIME	SKATING DATES
Tuesday \$530	4:50-7:00pm 4:50-5:10 Stroking x-over 5:10-5:25 Skills/Dance 5:25-5:55 Freeskate 6:10-7:00 Off-ice*	Sept.4, 11, 18, 25 Oct.2, 9, 16, 23, 30 Nov.6, 13, 20, 27 Dec.4, 11, 18 Jan.8, 15, 22, 29 Feb.5, 12, 19, 26 Mar.5, 12, 26
Thursday Must have at least 8 test points or approval \$610	4:05-5:15pm 4:05-4:25 Skills/Dance 4:25-5:15 Freeskate 6:20-7:00 Off-ice* **CanSkate is 5:25-6:10pm and will need. Program Assistants are required and will receive PA credits	Sept.6*, 13, 20, 27 *Sept.6 is 4:05-5:45pm Oct.4, 11, 18, 25 Nov.1, 8, 15, 22, 29 Dec.6, 13, 20 Jan.3, 10, 17, 21, 31 Feb.7, 14, 21, 28 Mar.7, 14
Friday *At BMO Arena \$570	5:00-6:20pm 5:00-5:15 Skills 5:15-5:30 Dance 5:30-6:05 Freeskate 6:05-6:20 Stroking 6:30-7:15 Off-ice*	Sept.7, 14, 21, 28 Oct.12, 19, 26 No ice Oct.5 Nov.2, 9, 16, 23*, 30 *Nov.23 is 5-6:10pm on-ice, 6:20-7pm off-ice Dec.7, 14 Jan.4, 18, 25 No ice Jan.11 Feb.1, 8, 15, 22 Mar.1, 8, 15

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STARSKATE (11+ TEST POINTS) (or approval)		
DAY	SESSION TIME	SKATING DATES
Thursday Shared with 8+pts \$610	4:05-5:15pm 4:05-4:25 Skills/Dance 4:25-5:15 Freeskate 6:20-7:00 Off-ice **CanSkate is 5:25-6:10pm and will need. Program Assistants are required and will receive PA credits	Sept.6*, 13, 20, 27 *Sept.6 is 4:05-5:45pm Oct.4, 11, 18, 25 Nov.1, 8, 15, 22, 29 Dec.6, 13, 20 Jan.3, 10, 17, 21, 31 Feb.7, 14, 21, 28 Mar.7, 14
Friday *At BMO Arena \$570	5:15-7:50pm 5:30-6:15 Off-ice 6:30-6:45 Spins 6:45-7:30 Freeskate 7:30-7:50 Skills/Dance	Sept.7, 14, 21, 28 Oct.12, 19, 26 No ice Oct.5 Nov.2, 9, 16, 23*, 30 *Nov.23 is 5:40-6:50pm on-ice, 7-8pm off-ice Dec.7, 14 Jan.4, 18, 25 No ice Jan.11 Feb.1, 8, 15, 22 Mar.1, 8, 15
Sunday \$450	4:40-5:55pm 4:40-5:00 Skills/dance 5:00-5:10 Spins 5:10-5:55 Freeskate **CanSkate is 1:20-2:05pm, 2:05-2:50pm, and 3:00-3:45pm. Program Assistants are required and will receive PA credits	Sept.9*, 30 *Sept.9 is 1:20-2:50pm; PA clinic is 4-6:30pm ***No ice Sept.16 & 23 Oct.7, 14, 21, 28 Nov.4, 11, 18, 25 Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3,

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STARSKATE DEVELOPMENT (2 day/week program. Skaters must be Stage 4+ or have an invitation)		
DAY	SESSION TIME	SKATING DATES
Thursday \$600 *includes Thursday & Sunday *includes \$40 Skate Canada fee *includes \$20 Sportsweep fee	6:10-6:55pm 5:15-6:00pm off-ice 6:10-6:55pm on-ice	Sept.6*, 13, 20, 27 *Sept.6 is 5:55-6:55pm Oct.4, 11, 18, 25 Nov.1, 8, 15, 22, 29 Dec.6, 13, 20 Jan.3, 10, 17, 21, 31 Feb.7, 14, 21, 28 Mar.7, 14
Sunday	3:45-4:30pm On-ice only. No off-ice Sundays.	Sept.9*, 16*, 23*, 30 *Sept.9 is 3:00-4:00pm *Sept.16 & 23 are 3:45-4:45pm Oct.7, 14, 21, 28 Nov.4, 11, 18, 25 Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3

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CANSKATE		
DAY	SESSION TIME	SKATING DATES
Thursday 1 PreCanSkate to Stage 6 \$380 <i>*Includes \$40 Skate Canada fee</i> <i>*Includes \$20 Sportsweep fee</i>	5:25-6:10pm	Sept.13, 20, 27 Oct.4, 11, 18, 25 Nov.1, 8, 15, 22, 29 Dec.6, 13, 20 Jan.3, 10, 17, 21, 31 Feb.7, 14, 21, 28 Mar.7, 14
Sunday 1 PreCanSkate to Stage 2 \$360 <i>*Includes \$40 Skate Canada fee</i> <i>*Includes \$20 Sportsweep fee</i>	1:20-2:05pm	Sept.16, 23, 30 Oct.7, 14, 21, 28 Nov.4, 11, 18, 25 Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3
Sunday 2 PreCanSkate to Stage 2 \$360 <i>*Includes \$40 Skate Canada fee</i> <i>*Includes \$20 Sportsweep fee</i>	2:05-2:50pm	Sept.16, 23, 30 Oct.7, 14, 21, 28 Nov.4, 11, 18, 25 Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3
Sunday 3 Stage 3+ \$360 <i>*Includes \$40 Skate Canada fee</i> <i>*Includes \$20 Sportsweep fee</i>	3:00-3:45pm	Sept.16, 23, 30 Oct.7, 14, 21, 28 Nov.4, 11, 18, 25 Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3

CanSkate is a learn-to-skate program for skaters who are 3-years-old+ as of Sept.1 the year of registration. Skaters are grouped by age and level with a maximum of 10 skaters per group. Groups are led by trained program assistants and coached by Skate Canada Professional Coaches. Instruction is in a group format (one-on-one lessons are not available at this level).

Registered skaters must wear a certified hockey helmet. Face masks are highly recommended for beginner to Stage 3 skaters. Hockey or figure skates are permitted.

Questions should be directed to LeeAnne Cross, HSC CanSkate Administrator, at halifaxskatingclub@gmail.com