

HALIFAX  SKATING
CLUB



StarSkate ACADEMY



Fall / Winter 2024-2025

*BRONZE / SILVER / GOLD STARSKATE and
COMPETITIVE FIGURE SKATING PROGRAM*

Sept 5, 2023—March 31st, 2025
Centennial Arena & Greenfoot Energy Center

IMPORTANT NOTES

- ⇒ REGISTRATION—all StarSkate Academy registration will be online through the Halifax Skating Club website. \$61.65 Skate Canada fee will be applied to all HSC Home Club skaters 2024-2025 season.
- ⇒ \$25 Fundraising fee (SPORTSWEEP TICKETS) per HSC home club family - will be invoiced in Mid October.
SportSweep tickets will be handed out later in the season. SportSweep is HSC's fundraiser in conjunction with Sport Nova Scotia. The cost of tickets is collected with each HSC home club member registration. Any money you earn from selling the tickets stays with you. Funds raised for the club are used towards club activities (i.e. ice show), club equipment, keeping program costs down, and/or other activities as the HSC Board of Directors deems a reasonable use of the funds.
Extra tickets can be sold to further offset skaters costs.
- ⇒ Additional Fundraiser for StarSkate Families - SportNS monthly online 50/50 draw. SPORTSPLIT—Each skater is invited to create an account under the HSC banner. Funds raised will go directly to your skater's account. For details, visit: [Sport Split Fundraiser](#)
HSC Criteria: HSC home club skater at Bronze, Silver, or Gold levels, Consent to having the skater's name on the Sport Split website dropdown menu, Email halifaxskatingclub@gmail.com by the 20th of the month to have your skaters name added to the next month's draws. Once name has been added, you no longer need to check in. Share your skater's link with family and friends to join the draw. Sport NS will send HSC the total amount raised per skater - which will be credited to your account in the form of a gift certificate for use on the HSC Uplifter site. Gift certificates cannot be cashed out but never expire, they cannot be used to pay lesson fees to club staff.
- ⇒ HSC and BSC skaters have priority on all sessions until Sept 1, 2024.
We reserve the right to balance sessions when needed.
- ⇒ SKATE-UP Requests—Must come from the Base coach.
SKATE DOWN - Skaters may skate down one level pending available space after skaters of that level have registered.
- ⇒ ON –ICE / OFF-ICE—Our programs include both on and off ice classes . These classes help the skater succeed in becoming an all round athlete. Please ensure your skater participates in the full experience. Fees for off ice are included in the registration fee.
- ⇒ OFF-ICE SPACE & DRESSING ROOMS—Off-Ice training spaces and dressing rooms are for skaters only. Parents are not allowed in dressing rooms.
- ⇒ PAYMENT—Pay in full during registration OR—Deposit per session and Monthly payments payments—Oct 1, Nov 1, Dec 1, Jan 1, Feb 1. Payment must be arranged online. **\$25 Admin Fee charged for the second or more changes per season.**
- ⇒ PARENT & SKATER 's Contract—Parents & Skaters are expected to adhere to the Skate Canada & Club Codes of Conduct. The codes are posted to the club websites and must be signed off at the start of every new season. Skaters and/or parents who do not adhere to the Codes of Conduct may face disciplinary action from the club and/or section.
- ⇒ ASSESSMENT DAY — Star 6+ Assessments Days are tentatively scheduled for Friday Dec 20th (HSC) and Wed March 26 (BSC) **pending approval*
- ⇒ Please refer to the club website (Halifaxskatingclub.com) for other club policies including the refund policy.
- ⇒ DROP IN's : If there are available spaces on a session a skater may 'drop in' permitting they purchase the fee by 12:00pm the day prior on the HSC site. Skaters must confirm with their coach prior to purchasing the space.

REFUND POLICY All programs are eligible for a full refund up to 7 days prior to the program's start date listed in the programs registration or in the event of a program cancellation because the program has not met its minimum number of participants. All requests for refunds must be made in writing to the club at halifaxskatingclub@gmail.com and must be supported with proper medical documentation.

- Fees will be refunded on a prorated basis (less \$70 administrative fee) and only with a medical note.
 - The Skate Canada membership fee is non-refundable once applications have been processed.
 - Withdrawals from programs made less than 7 days prior to the program start date will be subject to a \$70 administration fee.
 - A \$35 fee will be charged on all NSF cheques and Halifax Skating Club reserves the right to request cash payment on future payments.
- Halifax Skating Club reserves the right to change and/or cancel sessions depending on registration, to accommodate special events or emergency situations.

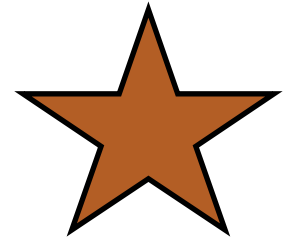
There will be no make-up sessions for snow days and/or rink closures.



2024-2025 Fall & Winter Season

BRONZE StarSkate

Star 1 & 2



75% Group or Coach directed

Off Ice and Stroking fees included with registration fee—

remainder of coaching fees arranged and paid to the skaters coaching team

THURSDAYS 4:00-6:00	Centennial	** See Changes to schedule sheet 28weeks
4:05 - 4:30	BRONZE/ SILVER	SKILLS
4:30 - 5:10	BRONZE/ SILVER	FREE
5:10-5:25	BRONZE / SILVER	DANCE
5:30 - 6:00	BRONZE/SILVER	Off Ice
FRIDAYS 4:00—6:45	Greenfoot Energy Centre	** See Changes to schedule sheet 23weeks
4:00 - 4:15	BRONZE / Star 1 Group	Skills
4:15 - 5:00	BRONZE / Star 1 Group	Free
5:00 - 5:20	BRONZE / Star 1 Group	Coach Tech
5:45—6:45	BRONZE / Star 1 Group	Off Ice/ Rest and Recovery
SUNDAYS 3:45– 5:55	Centennial	** See Changes to schedule sheet 26weeks
3:45—4:15	BRONZE / Star 1 Group	Off Ice / Specialty Off Ice Classes
4:25 - 4:45	BRONZE / Star 1 Group	Stroking
4:45 - 5:30	BRONZE / Star 1 Group	Free Skate
5:30 - 5:40	BRONZE / Star 1 Group	Dance
5:40 - 5:55	BRONZE / Star 1 Group	Coach Tech



TEEN STAR 1 and 2 GROUP

Must be invited to Session

Age 10+

Fridays & Sunday Bronze Sessions

Group Lessons included

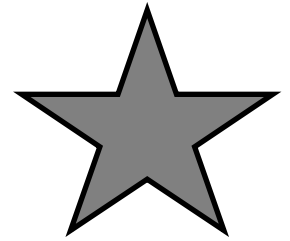
Additional BRONZE sessions available with our sister club - Bedford Skating Club

Please speak to your coaching team for more information



2024-2025 Fall & Winter Season

SILVER StarSkate



Star 3 & 4

50-75% Group or Coach directed

Off Ice and Stroking classes fees included with registration fee—
remainder of coaching fees arranged and paid to the skaters coaching team

TUESDAYS 4:00-7:15		Centennial	** See Changes to schedule sheet 27 weeks
4:05 - 4:30	Star 4+ / GOLD	Coach Tech	
4:30 - 5:20	Star 4+ / GOLD	Free Skate	
5:20-5:30	Star 4+ / GOLD	Spin	
5:30 - 5:45	Star 4+ / GOLD	Skills	
5:45-5:55	Star 4+ / GOLD	Dance	
6:15—7:15	Star 4+ / GOLD	Off- Ice Specialty Classes	
THURSDAYS 4:00 –7:00		Centennial	** See Changes to schedule sheet 28 weeks
4:05 - 4:30	BRONZE/ SILVER	Skills	
4:30 - 5:10	BRONZE/ SILVER	Free	
5:10-5:25	BRONZE / SILVER	Dance	
5:30 - 6:00	BRONZE/SILVER	Off Ice Conditioning	
FRIDAYS 5:30- 8:30		Greenfoot Energy Centre	** See Changes to schedule sheet 23 weeks
5:30-6:30	SILVER	Off Ice—Specialty Classes	NEW!
6:50 7:05	SILVER/ GOLD	Spin	
FLOOD			
7:15 - 8:05	SILVER	Free	
8:05 - 8:15	SILVER	Dance	
8:15 - 8:30	SILVER	Stroking	
8:15 - 8:50	SYNCHRO		
SUNDAYS 11:15 - 1:35		Centennial	** See Changes to schedule sheet 26 weeks
11:15—11:45	SILVER/GOLD	Off Ice—Jump	
12:05 - 1:05	SILVER / GOLD	Free	
1:05 - 1:20	SILVER / GOLD	Dance	
1:20 - 1:35	SILVER / GOLD	Coach Tech	

Additional SILVER sessions available with our sister club - Bedford Skating Club
Please speak to your coaching team for more information



2024-2025 Fall & Winter Season

GOLD StarSkate

Star 5 + and Competitive

25% Group or Coach directed

Off Ice and Group Training classes fees included with registration fee—
remainder of coaching fees arranged and paid to the skaters coaching team



MONDAYS 5-6	Greenfoot Energy Centre	** See Changes to schedule sheet 27 weeks
4:30-4:50	Axel + / GOLD	Group Warm Up / Jump Class NEW!
5:00 - 5:50	Axel +/ GOLD	Group Training / Open Free Skate

GROUP TRAINING—Skaters will train in a group format every other week. On the alternate weeks, there will be an open free skate session. Group training sessions may include special events, such as guest judges, tech specialists, or guest coach stroking classes.

TUESDAYS 4:00-7:15	Centennial	** See Changes to schedule sheet 27 weeks
4:05 - 4:30	Star 4+ / GOLD	Coach Tech
4:30 - 5:20	Star 4+ / GOLD	Free Skate
5:20-5:30	Star 4+ / GOLD	Spin
5:30 - 5:45	Star 4+ / GOLD	Skills
5:45-5:55	Star 4+ / GOLD	Dance
6:15—7:15	Star 4+ / GOLD	Off- Ice Specialty Classes

FRIDAYS 5:30—8:00	Greenfoot Energy Centre	** See Changes to schedule sheet 23 weeks
5:30 - 6:20	GOLD	Free
6:20 - 6:35	GOLD	Dance
6:35 - 6:50	GOLD	Coach tech
6:50 7:05	SILVER/ GOLD	Spin
7:15—8:00	GOLD	Off Ice / Rest and Recovery
8:15—8:50	SYNCHRO	

SATURDAYS	Burke Performance Gym	** See Changes to schedule sheet NEW!
TBA	SILVER / GOLD Age 10-12	Specialty Group Gym Training
TBA	SILVER/GOLD Age 12+	Specialty Group Gym Training

SUNDAYS 11:15 - 1:35	Centennial	** See Changes to schedule sheet 26weeks
11:15—11:45	SILVER/GOLD	Off Ice—Jump
12:05 - 1:05	SILVER / GOLD	Free
1:05 - 1:20	SILVER / GOLD	Dance
1:20 - 1:35	SILVER / GOLD	Coach Tech

Additional GOLD sessions available with our sister club - Bedford Skating Club
Please speak to your coaching team for more information



2024-2025

CHANGES TO SCHEDULE

StarSkate Academy Sessions

**subject to change*

DAY	LOCATION	Changes DAY/TIMES
MONDAY Ice changes	Greenfoot	Sept 2—No Ice Sept 9—5:15—6:10 Ice Only Sept 16 - 4:15—5:10 Ice Only Sept 23—4:15—5:10 Ice Only Sept 30—4:15—5:10 Ice Only Dec 23—No Ice Feb 17—No Ice
TUESDAY Ice Changes	Centennial	Sept 3—No Ice Dec 24—No Ice Dec 31—No Ice
THURSDAY Ice Changes	Centennial	Oct 31 - No Ice Dec 26—No Ice
FRIDAY Ice Changes	Greenfoot	Sept 6—everything 15min later Oct 11—No Ice Oct 25 —No Ice Nov 8 —No Ice Dec 27 —No Ice Jan 10 —No Ice Feb 28 —No Ice March 28 —No Ice
SUNDAY Ice Changes	Centennial	Oct 27—No Ice Dec 29—No sessions—Alumni Day March 3—No Ice
SATURDAY Gym Changes	Burke Performance Gym	Sept 14—No session Oct 5—No Session Oct 26—No session Nov 23—No session Dec 28—No session Feb 1—No session Mar 1—No session



DATES TO REMEMBER 2024-2025

StarSkate Academy

Updated Aug 22, 2024

EVENT	LOCATION	DAY/TIMES	FEE	REGISTRATION DETAILS
PA Training	Centennial	Thursday Sept 5— 5:30-7:00	NA	Register by Monday Sept 2
Fall Seminar & Guest—Liz Manley	Greenfoot	Sept 13/ 14th	See Seminar Brochure	Registration Opens Aug 26th
1st day of CanSkate	Centennial	Sunday Sept 8	NA	Trained PA's welcome
Skater Fitness testing	TBA	Sept/ Oct/ April/July	NA	Home club skaters/ skaters registered on sessions
September Simulation Day	Greenfoot	Monday Sept 30 10:15-12:15	\$18.00	Register by Sept 26th
NS Fall Skate	Pictou County Wellness Center	Oct 4-6th	As per Skate NS	Register with Skate NS
November Simulation Day	Greenfoot	Monday Nov 11 12:00—2:00	\$18.00	Register by Oct 31
Rob McCall	SMB	Nov 22-24	As per Skate NS	Register with Skate NS
Star 1-3 event	Sackville	Dec 7	As per Skate NS	Register with Skate NS
Star 6+ Assessment Day <i>**Tentative</i>	Greenfoot	Friday Dec 20th	TBA	TBA
HSC Alumni Day	Centennial	Sunday Dec 29 12-:00- 2:00	TBA	TBA
PA/ StarSkate Holiday Social event	TBA	TBA	TBA	TBA
Star 1-3 event	Truro /Brookfield	Jan 25	As per Skate NS	Register with Skate NS
NS Winter Skate	Liverpool	Jan 31-Feb 2	As per Skate NS	Register with Skate NS
Star 1-3 event	Cape Breton	Feb 16	As per Skate NS	Register with Skate NS
NS StarSkate Provincials	Amherst	Feb 28—Mar 2	As per Skate NS	Register with Skate NS
Star 1-3 event	Dartmouth	Mar 22	As per Skate NS	Register with Skate NS
Star 6+ Assessment Day <i>**Tentative</i>	Lebrun	Wed March 26	TBA	TBA
Spring 2025 Sessions	Cent/ Greenfoot	April 1– June 13	TBA	TBA
Atlantics	Dartmouth	April 4-6	As per Skate NS	Register with Skate NS
HSC Banquet	TBA	Sat May 31	TBA	TBA
Summer 2025 sessions	TBA	June 30—Aug 15	TBA	TBA