

IMPORTANT NOTES

- ⇒ REGISTRATION—all Academy registration will be online through the Halifax Skating Club website. \$58.65 Skate Canada fee will be applied to all HSC Home Club skaters 2023-2024 season.
- ⇒ HSC Home club family Fundraising Fee TBA .
- ⇒ Refer to the graph on the club website for skating levels. HSC and BSC skaters have priority on all sessions until Sept 1, 2023. ***We reserve the right to balance sessions when needed.***
- ⇒ SKATE-UP Requests—Must come from the Base coach.
SKATE DOWN - Skaters may skate down one level pending available space after skaters of that level have registered.
- ⇒ ON –ICE / OFF-ICE—Our programs include both on and off ice classes . These classes help the skater succeed in becoming an all round athlete. Please ensure your skater participates in the full experience. Fees for off ice are included in the registration fee . Additional specialty seminars are planned throughout the 2022-2023 season. Some of these may require an additional fee to participate.
- ⇒ OFF-ICE SPACE & DRESSING ROOMS—Off-Ice training spaces and dressing rooms are for skaters only. Parents are not allowed in dressing rooms.
- ⇒ PAYMENT—Pay in full during registration OR—Deposit per session and Monthly payments payments—Oct 1, Nov 1, Dec 1, Jan 1, Feb 1—. Payment must be arranged online. ***\$25 Admin Fee charged for the second or more changes per season.***
- ⇒ PARENT & SKATER 's Contract—Parents & Skaters are expected to adhere to the Skate Canada & Club Codes of Conduct. The codes are posted to the club websites and must be signed off at the start of every new season. Skaters and/or parents who do not adhere to the Codes of Conduct may face disciplinary action from the club and/or section.
- ⇒ ASSESSMENT DAY — Star 6+ Assessments Days are tentatively scheduled for Friday Dec 15th (HSC) and Wed March 27 (BSC) **pending approval*
- ⇒ Please refer to the club website (Halifaxskatingclub.com) for other club policies including the refund policy.
- ⇒ DROP IN's : If there are available spaces on a session a skater may 'drop in' permitting they purchase the fee by 12:00pm the day prior on the HSC site. Skaters must confirm with their coach prior to purchasing the space.



StarSkate

Fall / Winter 2023-2024



StarSkate Academy

View our Monthly Academy Calendar on our website

Sept 5, 2023—March 28th, 2023
Centennial Arena & HRM 4 pad Arena



2023-2024 Fall and Winter Season



DAY	DATES / NOTES	CLUB	ARENA	TIME	LEVEL
Monday	Sept 11 - March 25	HSC	HRM 4Pad	5:00-5:50	SILVER/ GOLD (Axel +)
	NO ICE - Oct 9, Dec 25	HSC	**Sept 11,18,25 - 5:15-6:05		Program Run through practice
	NO ICE - Jan 1, Feb 19, Mar 11	HSC			** skaters are encouraged to buy both Gold sessions
Tuesday	Sept 5 -March 26	HSC	Centennial	4:05 - 5:55	High SILVER / GOLD *Includes off ice 6:10-7:10
	NO ICE - Dec 26	HSC	Centennial	4:50-7:10	SILVER *Includes off ice 6:10-7:10
Thursday	Sept 7 - March 28	HSC	Centennial	4:05 - 6:00	OPEN *includes Off Ice 5:35-6:00
	NO CANSKATE Sept 7, Dec 21	HSC	Centennial	5:35 - 6:55	Jr Academy
	NO ICE Dec 28	HSC	Centennial	5:35 - 6:10	TEEN age 10+ BEG + ADVANCED
	Club Competition Jan 18	HSC	Centennial	6:10 - 6:55	Canskate All levels
Friday	Sept 8-March 22	HSC	HRM 4Pad	4:00 - 6:45	GOLD *Includes off ice 5:45-6:45
	NO ICE - Oct 13, Nov 3, Dec 22& 29	HSC	HRM 4Pad	5:30 - 7:45	BRONZE *Includes off ice 7:00-7:45
	NO ICE - Jan 12, Feb 16, Mar 29	HSC	HRM 4Pad	5:45 - 8:30	SILVER *Includes off ice 5:45-6:45
	Time Change - Sept 8, Feb 23	HSC	HRM 4 Pad	8:15 - 8:50	SYNCHRO PRISM 1
Sunday	Sept 10-March 24	HSC	Centennial	11:15 - 1:35	SILVER *Includes off ice (11:15-11:45)
	NO ICE - Dec 17, Dec 31, Mar 3	HSC	Centennial	1:45-2:30	CanSkate All Levels
		HSC	Centennial	2:30-3:30	Jr Academy Invite only
	ICE SHOW Dec 17	HSC	Centennial	2:30-3:00	PreCanSkate Age 3-6
		HSC	Centennial	3:00 - 3:30	PreCanSkate Age 3-6
		HSC	Centennial	3:40-4:25	CanSkate Stage 1+
		HSC	Centennial	3:40 - 5:55	BRONZE *Includes off ice (3:40-4:10)

***Ticket Ice available at HRM 4Pad (BMO) for eligible skaters - Talk to your base coach for further information

As of Aug 2, 2023



FALL-Winter 2023-2024 DAILY Ice Schedule



SUNDAY	HSC	CENTENNIAL
OFF ICE	SILVER Warm up	11:15 - 11:45
12:05 - 12:20	SILVER	Skills
12:20 - 1:20	SILVER	Free
1:20 - 1:35	SILVER	Dance
1:35 - 1:45	FLOOD	
1:45 - 2:30	CANSKATE	
2:30-3:00	PreCan Session	JR ACADEMY
3:00 - 3:30	PreCan Session	JR ACADEMY
3:30 - 3:40	FLOOD	
3:40 - 4:25	CANSKATE	
OFF ICE	BRONZE Warm Up	3:35 - 4:05
4:25 - 4:40	BRONZE	Stroking
4:40 - 5:25	BRONZE	Free
5:25 - 5:40	BRONZE	Dance
5:40 - 5:55	BRONZE	Skills

MONDAY	HSC	HRM 4PAD
5:00 - 5:50	GOLD / SILVER Axel +	<i>Solo Practice</i>

TUESDAY	HSC	CENTENNIAL
4:05 - 4:50	GOLD	OPEN
4:50 - 5:40	GOLD / SILVER	OPEN
5:40 - 5:55	GOLD/ SILVER	Group Coach
6:10-7:10	GOLD / SILVER	OFF ICE DANCE

THURSDAY	HSC	CENTENNIAL
4:05 - 5:05	OPEN (BRONZE / SILVER / GOLD)	Free
5:05 - 5:25	OPEN (BRONZE / SILVER / GOLD)	Skills/ Dance
5:25 - 5:35	FLOOD	
OFF ICE	OPEN (BRONZE / SILVER / GOLD)	5:35-6:00
5:35 - 6:55	JR ACADEMY	
5:35 - 6:15	TEEN	<i>BEGINNER and ADVANCED</i>
6:10 - 6:55	CANSKATE	JR ACADEMY

FRIDAY	HSC	HRM 4 PAD
4:00 - 4:15	GOLD	Skills/ Dance
4:15 - 5:15	GOLD	Free
5:15-5:30	GOLD	Spins
5:30 - 5:40	BRONZE	Skills
5:40 - 6:25	BRONZE	Free
6:25 - 6:35	BRONZE	Dance
6:35-6:50	BRONZE	Group Coach
5:45-6:45	SILVER / GOLD	Off Ice
7:00-7:45	BRONZE	Off Ice
7:00-7:15	SILVER	Skills
7:15 - 8:00	SILVER	Free
8:00 - 8:15	SILVER	Dance
8:15 - 8:30	SILVER	Stroking***
8:15**-8:50	SYNCHRO	*** <i>Optional extra ice Silver/Gold</i>

Special Events 2023-2024 for Academy Skaters

See HSC Monthly Calendar posted and updated online

As of Sept 20, 2023

EVENT	LOCATION	DAY/TIMES	FEE	REGISTRATION DETAILS
PA Training	Centennial	Thursday Sept 7	NA	Register by Monday Sept 4
Social media Training	TBA	TBA	No fee	all skaters welcome
1st day of CanSkate	Centennial	Sunday Sept 10	NA	Trained PA's welcome
Skater First Aid	TBA	TBA	TBA	all skaters welcome
Skater Fitness testing	TBA	Sept/ Oct/ April/July	TBA	Home club skaters/ skaters registered on sessions
Sept Seminar—Mental Training	Centennial	Thursday Sept 28 7-8pm	\$5.00	Register by Sept 21st
Oct Simulation Day	HRM 4pad	Monday Oct 2 10-12	\$18.00	Register by Sept 28th
Picture Day	HRM 4pad / Cent	Monday Oct 2 10-12 Sunday Oct 8 TBA	TBA	TBA
Oct Seminar—Mental Training	Centennial	Thursday Oct 26 7-8pm	\$5.00	Register by Oct 19th
Nov Simulation Day	HRM 4pad	Monday Nov 13 10-12	\$18.00	Register by Nov 9
Nov Seminar—Theater Workshop	Centennial	Thursday Oct 26 630-8pm	\$5.00	Register by Oct 23th
Star 6+ Assessment Day	HRM 4pad	Friday Dec 15th Tentative	TBA	TBA
HSC / BSC Ice Show	Centennial	Sunday Dec 17	TBA	TBA
HSC Alumni Day	Centennial	Sunday Dec 31	12-3	TBA
PA/ StarSkate Holiday Social event	TBA	TBA	TBA	TBA
Jan Seminar Day—Nutrition	Centennial	Thursday Jan 11 7-8pm	\$5.00	Register by Jan 4
HSC Club Competition	Centennial	Thursday Jan 18	TBA	TBA
Feb Seminar—Mental Training	Centennial	Thursday Feb 1 7-8pm	\$5.00	Register by Jan 25
Mar Seminar	Centennial	Thursday Mar 7 7-8pm	TBA	Register by Feb 29
March 15 Event Day	HRM 4 pad	Friday March 15th	TBA	TBA
Star 6+ Assessment Day	Lebrun	Wed March 27 Tentative	TBA	TBA
Spring 2024 Sessions	Cent/ HRM4pad	April 1- June 13	TBA	TBA
HSC Banquet	TBA	Sat June 8	TBA	TBA
Summer 2024 sessions	TBA	July 2—Aug 16	TBA	TBA